

Professional Development Activities (PDA) List
Physical Therapists
Effective November 1, 2016

Professional Development Activities List		
*30 Points for every 2-year renewal, at least 15 points must be from Category I		
Category I		
(15 point minimum, no maximum)		
*must be directly relevant to licensee's practice and pertinent to Goals		
Possible Activities	Number of Points	Required Documentation
Continuing education meeting the Board's Category I Standards * See the online document <u>Board Standards for Continuing Education Activities</u>	1 contact hour = 1 point	Certificate of attendance with participant's name, contact hours and date
Coursework from a regionally accredited college/university	10 points per credit hour	Transcript from accredited college/university indicating successful completion of course
Coursework towards a transitional Doctor of Physical Therapy degree	10 points per credit hour	Transcript from institution indicating successful completion of course
Completion of the online continuing competence learning and assessment tool <u>oPTtions</u> administered by FSBPT, or another Assessment of Knowledge and Skills (AKS) preapproved by the Board.	10 points for each occurrence – maximum of 10 points in a 10-year cycle	Evidence of completion and date
Completion of a residency or fellowship accredited through APTA	20 points	Evidence of completion and date
Completion of specialist certification/ recertification process through American Board of Physical Therapy Specialties (ABPTS) (e.g. <i>Geriatric Certified Specialist, Orthopedic Certified Specialist</i>)	15 points	Evidence of completion and date
Completion of Induction Process for Special Services License from the Colorado Department of Education	10 points	Copy of the special services license issued by the Colorado Department of Education
Primary instructor in a continuing education course that is a Category I course	$\frac{1}{2}$ point per contact hour with a maximum of 5 points (<i>credit only for first delivery</i>)	Course brochure/program with instructor's name and date
"Read for Credit" in a professionally recognized peer-reviewed journal – must include a testing component that is provided by the journal itself, e.g. Journal of Orthopaedic & Sports Physical Therapy (JOSPT), The Journal of Bone & Joint Surgery (JBJS), etc.	1 contact hour = 1 point with a maximum of 10 points	Certificate of successful completion

Category II		
1 contact hour = 1/2 point (or as indicated)		
*must be directly relevant to licensee's practice and pertinent to Goals		
Possible Activities	Number of Points	Required Documentation
Coursework from a college/university that is not regionally accredited	5 points per credit hour	Transcript from a college/university that is not regionally accredited indicating successful completion of course
Continuing Education Courses which do NOT meet the Board's Category I Standards *See the online document <u>Board Standards for Continuing Education Activities</u>	1 contact hour = 1/2 point	Verification of attendance including number of contact hours and event date
Primary instructor in a continuing education course that is <u>not</u> a Category I course	$\frac{1}{2}$ point per contact hour with a maximum of 5 points (<i>credit only for first delivery</i>)	Course brochure/program with instructor's name and date
<i>Other Learning Experiences</i>		
Workplace in-service attendance	1 contact hour = 1/2 point	Verification of attendance including number of contact hours and event date
Professional journal club with 3 or more attendees	1 contact hour = 1/2 point	Verification of attendance including number of contact hours and event date
Formal mentoring relationship (mentor or protégé)	2 points	Letter of acknowledgement from mentee/protégé
Reading a scientific article or a chapter in a professional book	$\frac{1}{2}$ point per scientific article or chapter with a maximum of 2 points	A completed <i>Documentation Form</i> (complete 1 per article/chapter) must use the Board approved form
Cardiopulmonary Resuscitation (CPR) /Advanced Cardiac Life Support (ACLS)/Basic Life Support (BLS) or First Aid certification or recertification	1 point	Copy of certification/recertification certificate or card
Category III		
*must be directly relevant to licensee's practice and pertinent to Goals		
Possible Activities	Number of Points	Required Documentation
<i>Research/scholarship/authorship</i>		
First author on a publication in a peer reviewed journal or textbook chapter	10 points	Guidelines for authors and copy of article
Secondary or senior author on a publication in a peer reviewed journal	5 points	Guidelines for authors and copy of article
Contribution to a research project (data collection, project development, consultation)	3 points	Letter from first author or primary investigator of research project

Grant reviewer	3 points	Evidence of participation as a reviewer
Journal article reviewer	3 points	Evidence of manuscript reviewed
Teaching/mentorship		
Primary course coordinator teaching a course in an accredited physical therapy or physical therapist assistant program (entry-level, post-professional) or other healthcare profession that is regulated by the state of Colorado	5 points for semester per course <i>(credit only for first delivery)</i>	Syllabus with instructor name
Guest instructor/lecture/lab assisting in an accredited physical therapy or physical therapist assistant program or other healthcare profession that is regulated by the state of Colorado	2 points for semester per course <i>(credit only for first delivery)</i>	Syllabus with instructor name or letter from course director/coordinator
Serving as a Clinical Instructor to a Physical Therapist student or Physical Therapist Assistant student	1 point per every 40 hours with student	Evidence of role as a Clinical Instructor
Speaker at a professional meeting	1 point per speaking hour with a maximum of 5 points <i>(credit only for first delivery)</i>	Course brochure/program with instructor's name and date
Platform or Poster presentation, or panel discussion member at a professional meeting	2 points <i>(credit only for first delivery)</i>	Evidence of participation as a presenter
Presenting a workplace in-service	1 point <i>(credit only for first delivery)</i>	Letter of acknowledgment from supervisor
Teaching in a non-professional/community setting <i>(to members of the public)</i>	1 point	Evidence of participation/advertisement/printed materials
Service		
Committee Chair, Board member or office holder in a professional organization related to physical therapy practice. Responsibilities must go beyond committee membership	2 points	Evidence of participation
Community Service within scope of profession <i>(e.g. Health Fair, Pro Bono care, balance/falls assessment, global health service)</i>	1 point = 1 – 8 hours of service 2 points = 9 – 16 hours of service 3 points = 17 - 24 hours of service 4 points = 25 – 32 hours of service Maximum of 4 points	Evidence of participation
Other Professional Development Activities		
Subject matter expert/consultant <i>(e.g. expert witness, licensure Board, insurance reviewer)</i>	2 points	Evidence of participation

Organizational and program development activities (e.g. <i>quality assurance programs, initial development of policies and procedures, outcomes database development</i>)	2 points	Independent verification ideally from immediate supervisor (alternatively from co-worker involved in project) that details activity
National, State, District or Special Interest Group (SIG) business meetings of professional associations	$\frac{1}{2}$ point per contact hour	Evidence of attendance/agenda
Peer to Peer Learning Activity	1 point	Letter of acknowledgment from peer participant(s) (including content and dates)